

## SLIDE 1

### Why Lifejackets or PFDs?

- 82% of drowning's could have been prevented
- Most happen close to safety
- 80% happen in calm weather and water

## SLIDE 2

### Who Needs Lifejackets or PFDs?

- Everyone who is aboard a boat
- Everyone who participates in on-water activities
- Ensure they are Canadian Coast Guard approved
- Properly sized

## SLIDE 3

### Types of Lifejackets & PFDs

- Three Types of Lifejackets
- Inherently Buoyant Personal Flotation Devices (PFDs)
- Inflatable PFDs

## SLIDE 4

### Lifejackets

- Safety of Life at Sea (SOLAS)
- Standard Type Lifejacket
- Small Vessel Lifejacket

## SLIDE 5

### Standard PFDs

- Standard Vest for regular on-water activities

## SLIDE 6

### Activity Specific PFDs

- Activity Specific: Paddling, Fishing, High Impact Sports

## SLIDE 7

### Inflatables

- Vest design

## SLIDE 8

### Find the Right Lifejacket for You!

Suited for:

- Your on-water activity
- Expected water conditions
- Your body type and weight

## SLIDE 9

### Lifejacket Label and Instruction Booklet

Check the label on the lifejacket/PFD for:

- Canadian Coast Guard Approval
- Type of jacket
- Intended use
- Properly sized for wearer

## SLIDE 10

### Fitting Child's Lifejacket

- Match child's weight to the weight rating on the label
- While the child has the life jacket on, check for a snug fit by pulling gently up on the shoulders of the life jacket to be sure it does not ride up to ears or nose
- Water test

## SLIDE 11

### Fitting Adult Lifejacket

- Match the wearer's chest size with the chest and weight size categories on the label
- Lifejacket/PFD should fit snugly

## SLIDE 12

### Lifejackets/PFDs should be worn at all times

- May be impossible to reach
- A lifejacket/PFD is difficult to put on in the water
- In cold water swimming or even staying afloat will be very difficult

## SLIDE 13

### Final Word

- Choose a lifejacket that is comfortable and made for your intended on-water activity
- **Wear It!**

### SLIDE 1

#### Why Lifejackets?

Statistics have shown that 82 % of those who drowned in boating incidents were not wearing PFDs and they might have lived if they had been wearing their PFDs.

Interestingly most drowning's happen within a few feet of safety; a boat, dock, shore and often the victims are good swimmers.

And what is a big surprise is that most drowning's don't happen in rough water or bad weather. In fact, 80% of all drowning's happen on a nice day in calm water, during the day and in calm water... the type you find on inland waterways like lakes and rivers.

The older the person, the higher the percentage that they were not wearing a PFD.

### SLIDE 2

#### Who Needs Lifejackets?

The law says that there must be a coast guard approved lifejacket, properly sized for each person aboard any boat.

### SLIDE 3

#### Types of Lifejackets

There are 3 different types of lifejackets and personal flotation devices, each designed for a specific purpose. Within each type there are many styles and designs. In the future we expect that there will be different ways to describe them.

### SLIDE 4

#### Lifejackets

There are 3 types of Lifejackets. These are all designed to turn you onto your back to keep your face out of the water, even if you are unconscious.

They all have a Keyhole design and are sized based on weight.

### SLIDE 5

#### Standard PFD

Personal Flotation Devices are the most popular type of flotation aid for recreational boaters.

Designed for constant and comfortable wear, they are better suited for calm open waters as they do not have collars and are therefore not designed to keep an unconscious wearer floating face up. They come in many styles and colors.

### SLIDE 6

#### Activity Specific PFDs

PFDs are now being designed for specific boating activities. For example, there are high impact life jackets for personal watercraft users that feature many buckles to keep them in place if the rider falls into the water at high speed, fishing life jackets that feature many pockets and paddling / sailing jackets with large arm holes for maximum range of motion for paddling and sailing.

### SLIDE 7

#### Inflatable PFDs

These are quite light and compact and very popular with all boaters. They are available in a collar vest type style. Most have the option for automatic inflation in which the jacket will automatically inflate when the wearer ends up in the water. All have a manual inflation mechanism. These PFDs do have restricted use. For example they are not meant for use by persons under the age of 16. Check the label. They also require regular maintenance and inspections and need to be worn whenever on deck to be legal.

### SLIDE 8

#### Find the Right Lifejacket for You!

The key to choosing the best lifejacket for you is to keep in mind your water activity and the water conditions that you usually boat in. The best idea is to choose one that you feel comfortable wearing whenever you are on the water.

### SLIDE 9

#### Lifejacket Label and Instruction Booklet

Check the label on the lifejacket for:

- Canadian Coast Guard approval.
- What type of jacket that it is - It is meant for your intended use.
- And, check that it is properly sized for you

### SLIDE 10

#### Fitting Child's Lifejacket?

All children's life jackets will display weight limitations and categories. To get a proper fit, first match the child's weight with the range shown on the label.

All children's PFDs have a collar, adjustable chest straps, crotch strap and loop to grab them

Before purchasing a lifejacket or committing to use, verify that it fits the child it is intended for. You can do this by pulling gently up on the shoulders of the life jacket. If it fits, the jacket will not ride up to their chin and ears.

It's also a good idea to test the lifejacket in the water to let the child know how comfortably it will float them

### SLIDE 11

#### Fitting Adult Lifejacket

For fitting an adult jacket, match the wearer's chest size with the chest and weight size categories on the label. Life jackets labels will state 'over 90 pounds' or 'Universal Adult'

The jacket should fit snugly. When you raise your arms over your head the jacket should not ride up.

Also have someone lift the jacket at the shoulders. It should not ride up to the point that the zipper touches the wearer's nose or ears

### SLIDE 12

#### Lifejackets Should Be Worn At All Times

Practically, lifejackets should be worn at all times. There is an old saying 'A lifejacket can save your life but only if you wear it.'

No one intends to accidentally end up in the water, but it does happen and once you are in the water, if you cannot get back in your boat, your lifejacket may be impossible to reach. Putting a lifejacket on in the water can be very difficult. Try this with a friend or safety professional in 'safe water' sometime And if the water is cold your ability to swim or even stay afloat will be very difficult.

### SLIDE 13

#### Final Word on Lifejackets

And one final word about lifejackets. Choose a jacket that is comfortable and is made for your intended on water activity. If you do, you will probably wear it and after all that is what lifejackets are all about. The lifejacket only works if you wear it.